marinabaydental

Post-Operative Instructions – Wisdom Tooth Surgery

- You may experience some discomfort and bleeding on the day of the surgery.
- Bite firmly on the gauze pad for one hour immediately after the operation, following which the gauze can be discarded. If bleeding should recur, take one piece of clean gauze and roll it up tightly. Fold the gauze roll in half, position over the surgical site and bite down for 30 minutes. Repeat as necessary.
- Take all medication that was prescribed for you according to instructions.
- Application of a cold compress after surgery can help reduce post-operative swelling. The compress should be applied to the area of your face over the surgical site of 10 minutes and then removed for 5 minutes. This cycle is then repeated.
- Keep your next appointment on time for removal of sutures and follow-up checks.
- Do not raise your lips with your fingers to inspect the treated area.
- Do not brush teeth near the surgical site. Brush teeth in the rest of your mouth.
- Do not smoke, spit, or use a straw on the day of the surgery (avoid smoking for a few days after the surgery).
- Should there be any problems, do not hesitate to call our office at 6634 5700 / 9625 5700. Our Emergency number is 6535 8833.
- In case of serious emergencies call 995.