marinabaydental

Dentures

- You will experience some discomfort with any new denture for a few days. All new dentures need several adjustments at the office before they can fit completely and comfortably in your mouth.
- Take the dentures out every night and keep them in a clean container filled with water or denture cleansing solution. Your gums should rest every day for a period of time.
- Clean dentures thoroughly with a toothbrush or denture brush and water before putting them back in your mouth.
- It may be difficult to talk or eat normally with the new dentures for a few days. Try to practice reading a book or newspaper out loud for a period of time every day. Your tongue and jaw muscles will get used to the new dentures with this exercise.
- Call our office at 6634 5700 / 9625 5700 if you are experiencing pain, discomfort, or if you have any questions.